



A sure sign of hope

PHOTO SPEAK



NIGERIAN RED CROSS SOCIETY

NEWSLETTER

OCTOBER 15 2020.

A TALE OF FIVE CITIES

By now, it is getting pretty obvious that COVID-19 may be the new normal as no one knows when the pandemic's curve will eventually flatten. Experts say that the best we can do for now is find a way to cope with it. One sure way is to protect ourselves. Protecting ourselves against COVID-19 will not only help reduce new infections but will also keep us and our loved ones safe. It is on this premise that the Nigerian Red Cross Society, NRCS with support from the International Federation of the Red Cross, IFRC and the Coca-Cola Foundation recently donated tons of COVID-19 personal protective equipment to 5 States in Nigeria. They are Lagos, Oyo, Kano, Rivers and the FCT. Officials of the various State Ministries of Health received the donations.

In **Lagos**, Nigeria's commercial capital, the health authorities thanked the Red Cross and the Coca-Cola Foundation for their kind gestures and for complementing government's efforts in fighting the virus. In **Ibadan**, the Ministry of Health urged the public to continue to adhere to the COVID-19 guidelines and stay safe. Receiving the items in the **Federal Capital Territory**, the health secretariat says they firmly believe it is the responsibility of corporate organizations in Nigeria to strengthen the fight against COVID 19. In **Kano**, the authorities say the donation is timely considering the effort the government is making to ensure the safety of its healthcare workers and the fight against the spread of the virus. In **Port Harcourt**, the capital of the oil producing Rivers State, there is a plan to ensure the distribution of PPEs to all the emergency operation centres, treatment centres and primary health centres as well as frontline workers.

FAQ

How does a person become a volunteer of the Nigerian Red Cross Society?

ANS: Kindly visit our website www.redcrossnigeria.org click on join us and follow up by visiting our branch office where you stay.

ENQUIRIES/FEEDBACK

TWITTER-@nracs_ng INSTAGRAM-redcrossnigeria EMAIL-admin@redcrossnigeria.org

FACEBOOK-NigerianRedCrossSocietyNhqts YOUTUBE-nigerianredcrossnhqts

www.redcrossnigeria.org Tel-08031230430, 07080601149, 07056990020, 08099937357

FIRST AID TIPS

BURNS

- Place affected area under running water for at least 10mins.
- If it needs to be covered, use clean film, e.g nylon.
- Do not apply or rub anything.
- Do not remove materials stuck to the skin in severe burns.
- Do not try to break blisters.
- Seek medical care.